

Erasmus+

University of Ss. Cyril and Methodius in Trnava Erasmus+

Basic information about our university and city of Trnava

Slovakia and Trnava in Brief

Official name: The Slovak Republic Capital: Bratislava (429, 564 inhabitants)

Date of establishment: 1 January 1993 (after splitting of the Czech and Slovak

Federal Republic) Political system: parliamentary democracy

Administrative organisation: 8 regions, 79 districts, 2,933 municipalities out of

which 140 are cities and towns

Regional capitals: Bratislava, Trnava, Nitra, Trenčín, Žilina, Banská Bystrica,

Prešov, Košice

Official language: Slovak

Neighbouring countries: Austria, Czech Republic, Hungary, Poland, Ukraine

Area: 49,035 km²

Population: 5,443,120 million of year 2019

Trnava: The Best City For Students

Population: 65, 382 inhabitants (info from December 31st, 2017)

Area: 71,54 km²

Number of universities in Trnava: 3 (approximately 13,000 university students) TRNAVA is located approximately 50 km from Bratislava, so it will take you around 30 minutes to get there by car, using D1 highway. There are good public transport connections (train, bus), too. It's particularly famous for having many churches, earning thanks to them its nickname, Little Rome'.

Trnava was the first town in Slovakia which was granted the privileges of a free royal town (1238). It was also the town that provided temporary shelter to the Archbishop of Esztergom and his Chapter, and where they remained for the next three hundred years.

Trnava, at the intersection of ancient trade routes, is the place where numerous renowned Slovak and foreign architects, builders, sculptors and painters have created a significant number of architectural gems, both religious and mundane. The centre of the town is a varied mixture of all architectural styles from the Romanesque through the Gothic, Renaissance, Baroque up to the Modern style. These attractive historical sites together constitute a remarkable urban unit which was once declared as an urban monument reserve.



Why to visit TRNAVA?

Trnava was the first privileged royal town in Slovakia. You can see here unique religious sights and get a glimpse of the Middle Ages when walking through its historical streets.

Trnava is city of 3 universities, full of students and young people. There are lots of coffee bars, restaurants, dance and music clubs, pubs.

There are also lots of opportunities for sports and active leisure time.

That's right, lots of cute hipster hangouts have been established in Trnava. If hipsters are your crowd, do not miss a recently opened cultural center.

Living Costs - Slovakia

Prices below provide an idea of how much living in Slovakia costs. These costs are just approximate and they are a subject to change.

Rent

Guest room at a students' dormitory: from 12 € per night 1 bedroom flat: from 300 € per month including utilities 2 bedroom flat: from 450 € per month including utilities

Food

Lunch at a canteen: from 1.60 €
Restaurant meal: from 5 €
Pizza in a pizzeria: from 4 €
1 litre of milk: 0.70 - 1.15 € 1 litre of mineral water: 0.40 €
Loaf of bread: 0.50 - 1.50 €
400 g spaghetti: 0.80 €
Beer: 1.20 €

Why to visit TRNAVA?

Transportation

Local transport, basic ticket (single): from 0.50 to 1.40 \in Local transport, monthly ticket/travel pass: from 20 \in

Coaches

Bratislava - Košice, 445 km: from 21 €

Bratislava - Žilina, 203 km: from 9.50 € Bratislava - Banská Bystrica, 230 km: from 10 €

Trains

Bratislava - Košice: from 18,50 €

Bratislava - Žilina: from 10 €

Bratislava - Banská Bystrica: from 10 €

Taxi within Trnava:

from 1.99 € Petrol per litre: from 1.30 € Diesel per litre: from 1.20 €

Having Fun

Movie ticket: 3 - 8 €

Museum ticket: from 2 €

Theatre ticket: 3.50 - 20 € for drama,
4 - 35 € for opera and ballet

Fitness centre ticket: from 3 €

Swimming pool ticket: from 1.50 €

Rent a bike: from 8.80 € per day



National Holidays - No classes on these days

1 January - Day of the Establishment of the Slovak Republic

6 January - Epiphany

March, April - Good Friday

March, April - Easter Monday

1 May - International Worker's Day

8 May - Day of vicotry over fascism

5 July - St. Cyril and Methodius Day

29 August - Slovak National Uprising anniversary

1 September - Day of the Constitution of the Slovak Republic

15 September - Day of Our Lady of the Seven Sorrows, patron saint of Slovakia

1 November - All Saints' Day

17 november - Struggle for Freedom and Democracy Day

24 December - Christmas Eve

25 December - Christmas Day

26 December - St. Stephen's Day



Where to eat

Students coming to Trnava will not be disappointed with the meals offered in the student restaurant "TOP RELAX", Námestie Jozefa Herdu 2, Trnava.

It offers a varied menu consisting of soup, main courses, salads and drinks. Every day there are four main types of meals (meats, pastries, vegetables, healthy food).

Every day lunch starts at 10:30 and the price is 1,95€ / lunch. It is necessary to buy lunch tickets of at least 5 at a time. Also there is an open buffet which includes freshly packed baguettes, toasted breads, gyros, pastries, vegetable, pasta or fruit salads, desserts and a wide range of sweet and salty snacks and drinks. The buffet opens every day at 08:00.

How to spend your free time?

Trnava offers many opportunities to spend leisure time, including sport activities, cinemas, theatre and many cafes, bars and restaurants. Walking around the city is an interesting experience thanks to its architecture and beautiful square. Often you can see people riding bicycles through the city, which is a typical means of transport for many of them.

There are also many fitness centres, swimming pools and wellness, too. In the evenings or during weekends students usually meet in local cafes or bars. Some of them are "Čajka" "Cerveza" "Art klub", "Partizáni" or "Raspberry". It is typical also to take breakfast in one of the cafes in the city centre, for example in "Thalmeiner"or "Synagoga Café".

The university often organizes events for students such as breakfasts, trips, parties, thematical days, festivals, balls, conferences or sport activities. At the university you can spend your free and study time in the newly opened student zone equipped with a kitchen.



Important telephone numbers

Fire and rescue service, police: 112

Fire service: 150, 112 Rescue service: 155, 112

Police: 158, 112 City Police: 159

Railway station Trnava: +421 2 448 581 88 Bus station Trnava: +421 900 218 222

Airport M. R. Štefánika Bratislava: +421 2 330 333 53

Taxi: +421 908 939 393 (smart 33 16 444 (Yellow 940 747 474 (Team taxi) Foreign police: +421 961 106 152, Paulinská street 506/13, 917 01 Trnava

Instructions for Incoming students out of EU

If you do not need a visa to enter the Schengen Area, you can stay in Slovakia for a maximum of 90 days in any 1 80-day period (unless you are granted a temporary residence). If you plan to apply for a temporary residence in Slovakia, do not forget to bring all the documents necessary for the application procedure with you. In case you are not granted the temporary residence within these 90 days, you will have to leave Slovakia (Schengen Area). The decision-making process about your application may take up to 30 or 90 days, depending on the type of your temporary residence.

A national (long-stay) visa (type "D") can be granted:

if it is necessary for granting a residence in Slovakia, for language education in a language school (the applicant must be at least 1 5 years old and the tuition must take at least 25 hours weekly), if it is necessary to fulfil Slovakia's commitments under international treaties, or if it is for the benefit of the Slovak Republic.

The visa is issued for stays longer than 90 days, for a maximum of one year. If it is issued for granting a residence in Slovakia, it is issued for 90 days. In case of the language education, its validity is limited to 31 July of the given academic year. If the foreigner is allowed to stay longer than for a year, the national visa will be replaced by a temporary residence before the day of its expiry. The long-term visa holders are allowed to travel to other Schengen member states (outside the border of the state which issued the visa); however, the number of days spent in those states cannot exceed 90 in any 180-days period.

When applying for a national visa, you need to submit the following documents:

completed form "Application for National visa" valid travel document, recent full-face colour photograph 3 x 3,5 cm, document demonstrating the purpose of the planned stay (e.g. confirmation of acceptance for language education, in case of applying for a national visa in order to apply for a residence in Slovakia, all the documents necessary for the residence application must be submitted), proof of medical insurance, other documents may be requested by the embassy/ consulate only in case the documents submitted are not sufficient for granting a national visa.

Students from third countries who are planning to stay in Slovakia for longer than 90 days shall apply for a temporary residence for the purpose of studies. A complete application consists of the following documents: completed form "Application for the temporary residence" must be completed in Slovak), two recent full-face photographs $3 \times 3,5$ cm, valid passport (the police officer will

make a copy of it), document proving the purpose of your stay - a confirmation of studies letter from a state authority (competent ministry) or a university, or a confirmation from an organisation which is administering a scholarship/mobility programme approved by the Slovak government or an EU programme under a contract with the competent state authority (scholarship award letter), document proving sufficient financial resources for your stay - your bank account balance statement, a letter of award stating the amount of your scholarship, a confirmation of financial coverage, or an affidavit issued by another person about the provision of financial resources together with that person's bank account balance statement, criminal record extract (apostilled or superlegalised) from your country of origin and from every country where you have stayed for more than 90 days during six consecutive months within the last 3 years. High school students are exempted from this obligation.

Health insurance in Slovakia

Under the Act No. 577/2004 Coll., a student from another EU member state or an alien student studying at a school in Slovakia based on an international agreement, that binds the Slovak Republic, is subject to compulsory public health insurance, unless participating in health insurance in another EU member state. Free health care is provided on the base of compulsory public health insurance in the scope specified in the applicable international agreements.

As for the health insurance, all incoming Erasmus-students have to arrange for their health insurance in their home country for their travel and the whole period of their stay before their arrival in the Slovak Republic. There are no limitations to the extent of the insurance.

It is strongly recommended to get the needed information about health insurance regulations with your national authorities before you arrive in Slovakia. Incoming Erasmus-students from the EU and Switzerland are expected to bring along their international health insurance card (E 111) for their Erasmus-stay in Slovakia, which covers their respective medical treatment in Slovakia in the same way, as it is the case for Slovak students. In addition to that, they can also conclude some commercial health insurance for their stay in Slovakia.

Students coming from the so-called third countries (Turkish students and students from other countries) have to conclude sufficient health insurance for all the possible cases in their home country. In case of a needed medical treatment, it is necessary to pay for their treatment immediately at the doctor's. Their contractual insurance company will reimburse the costs for the medical treatment concerned to them after their arrival back in their home country.

In case of health insurance concluded in the Slovak Republic, the treatment is free of charge.

Erasmus Student Network Slovakia (ESN Slovakia)

Erasmus Student Network is a non-profit student organization. It is an advisory body to the Slovak Association for International Cooperation.

Its main goal is to represent foreign students in Slovakia and thus provide opportunities to contribute to cultural understanding and personal development under the motto "students help students".

ESN Slovakia focuses on working in the interests of students who spend part of their studies at a university in Slovakia. It aims to create conditions for a better understanding of different cultures, from which it aims to help students not to regret the time spent at universities in Slovakia, and to have the best experience and experience from it.

Approximately 2,000 foreign students come to Slovakia every year. There are 10 sections of these students in Slovakia, from Bratislava to Košice. ESN Slovakia strives to make every student experience the best experiences of his life just on Erasmus. Tours, social, sports and cultural activities, parties, competitions, meetings and more are organized. ESN Slovakia closely cooperates not only with the Slovak Academic Association for International Cooperation (SAAIC), but also with individual universities in Slovakia and covers sections at the following universities.



#THIS IS ESN

Erasmus Student Network (ESN) is the biggest student association in Europe. It was born on the 16th October 1989 and legally registered in 1990 for supporting and developing student exchange.

We are present in more than 1,000 Higher Education Institutions from 42 countries. The network is constantly developing and expanding. We have around 15,000 active members that are in many sections supported by so-called buddies mainly taking care of international students. Thus, ESN involves around 40,000 young people offering its services to around 220,000 international students every year.

- offering services to 300,000 students
- 15,000 active members (34,000 with the buddies included)
- · mainly on a volunteer basis
- with an average annual growth rate of 12% since 2005
 ESN is operating on three levels: local, national, and international.
 ESN works for the creation of a more mobile and flexible education environment by supporting and developing the student exchange from different levels and providing an intercultural experience also to those students who cannot access a period abroad ("internationalisation at home").

Aims & Principles

In synthesis, ESN:

- works in the interest of international students
- works to improve the social and practical integration of international students
- represents the needs and rights of international students on the local, national, and international level
- provides relevant information about mobility programmes
- motivates students to study abroad
- works with the reintegration of homecoming students
- contributes to the improvement and accessibility of student mobility
- · cares about its members
- values volunteering and active citizenship



WiFi

Which SSID (WiFi network) should I connect to?

UCM - for common use,

UCM-limitovana - for quick access to AIS, university/faculty web pages and IT helpdesk.

eduroam - use if your home university supports EDUROAM What do I need for connection?

Login credentials if you are student (also PhD) then your username is your IDO from AIS, if you are employee then your username is your personal number, default password is your birth (natal) number from AIS, we strongly encourage you to change it as soon as possible at https://wifi.ucm.sk/chpass/chpass.php. You need a configured device for UCM or eduroam wireless network connection.

How do I configure my device?

Settings for UCM SSID: SSID/name: UCM security type: WPA2

enterprise authentication protocol: PEAP authentication method: MSCHAPv2

outer (anonymous) identity: empty (leave blank) inner identity (username): IDO (e.g. 2796874)



Frequently asked questions about connection

What is UCM-limitovana for?

This SSID is for cases when you are unable to connect to UCM SSID and you need to check this help page or you'd like to contact our technical support. It is specially intended for freshmen during their first days of stay at university. This network does not have access to internet, but only to AIS, university/faculty web pages, elearning portals and library information system.

What is eduroam network for?

This network is intended for guests from other universities. You also may use this network when you are at another university, then your login and password are the same as for UCM SSID.

Erasmus students use their own usernames and passwords for their university.

What is my WIFI password?

Initial password is your birth (natal) number without ,t/" (for example 9988776655). We recommend you to change password at https://wifi.ucm.sk/chpass/chpass.php.

Passwords for UCM and eduroam SSID are same.

I am connected to WIFI, but internet is not working.

First of all you need to make sure that you are not connected to UCM-limitovana SSID, which does not support access to internet.

Why do I need to accept the terms of use?

More precisely you have to acknowledge the terms of use. This obligation is imposed by law. If you don't then you won't be able to connect to internet.

More contact information: servis@ucm.sk



Frequently Asked Questions about Erasmus mobility

<u>Is it possible to sign up for the courses offered by other faculties out of the one I am applying for into the learning agreement?</u>

Yes, there is a possibility to sign for the courses out of your chosen faculty, but it must be proceeded before you officially hand out the learning agreement and we also recommend you to contact your faculty coordinator who recommends you the range of interfaculty possibilities as regards choosing subjects of your study.

When am I going to receive the Transcript of Records?

The Transcript of records is an official document issued by the Study department of the faculty you are applying to. You are going to receive this document after finishing your mobility via e-mail and also the originally signed piece via post to your home university.

When am I going to receive the Acceptance Letter?

The Acceptance Letter is sent by the International Relations Office as soon as we are delivered the Learning Agreement signed by the student and faculty coordinator from sending university.

Is it possible to plan my arrival during the weekend?

It is generally preferred to welcome you during the workdays ideally within the working hours of the International Relations Office in order to be able to help you out with the accommodation and other introductory procedures. Even though we are willing to meet your reasonable requirements for your weekend arrival after an individual discussion.

What are the room facilities of the student's dormitory like?

The room is for three people (3beds+bedsheets, blankets). It is fully furnished containing a large wardrobe, closet, desk, chairs. Bathroom with toilet is in the corridor generally serving for two or even more room cells.

Do I have any possibility to cook for myself in the room?

Yes, you do have the possibility to prepare your individual dishes in a common fully equipped kitchen corner in the corridor on your room floor. (The equipment you are allowed to use are: Cooker, Oven, microwave oven, refridgerator, freezer, all standard dishes).

You are not allowed to use electrical kitchen appliances within the space of your room cell.

Is there any student canteen where foreign students can regularly eat and what time is such place available for use?

There is a canteen on the main floor of the UCM building (where the dormitory is located). It is open from 8:30-14:30 and with your ISIC card you get a good discount not only for your lunch but also for the wide offer of snacks and drinks throughout the day within the opening hours.

Is there any common space apart from the room that foreign students can use in their free time?

Each floor of your study dormitory offers a common space with the social room as a place for your leisure time student meetings and activities. Because the dormitory is located directly in the main building of UCM, there is a student's free zone downstairs of the building open non-stop with own kitchen corner free to use.



When am I supposed to return to the dormitory room at night?

The main entrance gate of the building is being opened until midnight and for late arrivals also regularly each hour from 00:00am to 06:00am.

Can I choose who I am going to share my room with in advance?

You have the possibility to choose your room partner but you need to note it down in your application form. This note is proceeded together with your application but the final choice of rooms and their distribution is a subject to be decided according to the capacity by the director of the dormitory.

A lot of students prefer not to share their rooms with their natives for the purpose of getting to know other nationalities and their cultural habbits as well as for a more intense language practice.

<u>Do I need to have a new ISIC card or is it possible to use my own student card from my home University?</u>

You need to have a new ISIC card which is being issued before the date of

your arrival and is waiting for you at the International Relation Office. Not only the University, but also other institutions will not accept your home university student card. With this new ISIC card you are also able to get a lot of interesting discounts (e.g. when travelling, eating out, entertaining etc.)

How can I reach ESN centre or contact members of the organisation?

It is generally very convenient for our foreign Erasmus students to live in the dormitory located in the same building where the ESN centre is placed. Therefore it is very easy for students to keep in touch with members of the centre personally not only via e-mail or social networks and so have a good access to all ESN activities and events being organized.

Is there any local laundrette, where I can comfortably wash my clothes?

Yes, students living in University dormitory have the possibility to use the university laundry room which is free off charge for foreign Erasmus students. Students pick the keys from laundry room at the gate-house of the main building and leave their green accomodation card here as a deposit in the meantime while washing is being done. The keys are supposed to be returned to the gatehouse as soon as the student is done with their washing.

What method of payement can I use? Because I saw that we have to pay before arriving. (accommodation)

The only accepted type of payment is via internet banking transaction. Erasmus students are supposed to pay for the whole length of their stay- 250€/ semester; 475€/for the whole academic year in advance. The payment is accepted no later than the day of student's accommodation boarding. Further information about payment details is being sent by the international relations office directly to the student.

Can I arrive a week earlier than the courses' beginning and do you recommend it?

Foreign students are generally preffered not to arrive earlier than the first day of the academic year beginning. Foreign students are provided accommodation on the whole study period at UCM, including holidays.

Does the university have doctors that speak English?

Our University does not dispose of any doctor or medical help. It is possible for a student in need to visit the doctor with the assistance of a buddy student or the international relations office. You can never be sure whether the doctor on duty that you are visiting is able to speak English.



The Grading System at the University of Ss. Cyril and Methodius in Trnava

The grading system is a key issue in the academic recognition process for students participating in international mobility programmes. Grading scales may be different in different countries which could possibly cause difficulty in the equivalence process after returning to the home university.

Considering different grading systems in Europe, the European Credit Transfer System (ECTS) has been developed in the framework of the Lifelong Learning Programme to make the comparison of different national scales easier and the assessment process more transparent.

The ECTS enables to divide students into groups: pass and fail. The system enables to assess the students' performances in subjects attended at the host institution. The ECTS provides additional information about the students' achievements in specific courses. The passing grades are divided into five groups. The ECTS does not intend to replace local grades but to provide qualitative information about the students' academic performance.

The University of Ss. Cyril and Methodius in Trnava (UCM) provides study programmes at the bachelor, master and doctoral levels. Students conclude their

study by passing their final examinations and defending their thesis. At the beginning of an academic year or a semester, students choose their required subjects, required optional subjects, and elective subjects according to their curriculums. The chosen subjects enable the students to achieve 60 credit points per year (30 credits per semester). The subjects recommended for the given year may suppose knowledge of required subjects from earlier years of study.

In order to successfully complete the academic year, students have to pass examinations and/or gain credit points for class work in all the required subjects and in a defined number of required optional and elective subjects and so to accumulate at least 60 credit points per year (30 credits per semester). Credits are awarded for class work or for passing examination as required by the curriculum. Students at UCM sit for written, oral, or combined examinations (the latter are comprised of both written and oral parts).

Examinations may be repeated twice within the examination period concerned. Considering the good practices in the use of ECTS tools, UCM issues to all exchange students transcripts of records that include local grades, the ECTS-grades and the number of achieved ECTS-credits in each course unit. Transcripts of Records are issued at the end of the study period concerned.

UCM Grade	Definition	ECTS Grade
1	Excellent	Α
1,5	Very Good	В
2	Good	С
2,5	Satisfactory	D
3	Sufficient	E
4	Insufficient (failed)	FX

Contact

Mgr. Mgr. art. Lenka Biba Slovak

Head of the Department of External Relations - IRO / Erasmus office

Phone: +421 33 5565 177

E-mail: lenka.biba.slovak@ucm.sk, erasmus@ucm.sk

Accommodation

UCM Dormitory (UCM Building) Address:

Nám. J. Herdu č. 2

917 01 Trnava

Phone: +421 33 5565 11 1, +421 33 5565 176 (Mgr. Krahulcovä Soňa - the boss

of the dormitory)

How to get there (map): railway station <-> UCM, railway station <--> UCM How to get there (bus): bus Nr. 1, bus Nr. 2 (from Hospodárska street);

Places: 196 Monthly: 50,00 €



Web-site of the university



www.ucm.sk/en/



University of ss. Cyril and Methodius in Trnava, Slovakia



University of ss. Cyril and Methodius in Trnava, Slovakia

Faculties



Nám. J. Herdu 2, 917 01 Trnava, Slovak Republic

Phone: +421 33 5565 279 E-mail: dekanat.ff@ucm.sk Web: http://ff.ucm.sk

Faculty of Mass Media Communication

Nám. J. Herdu 2, 917 01 Trnava, Slovak Republic

Phone: +421 33 5565 424 E-mail: fmkucm@ucm.sk Web: http://fmk.ucm.sk

Faculty of Natural Sciences

Nám. J. Herdu 2, 917 01 Trnava, Slovak Republic

Phone: +421 33 5565 321

E-mail: dekan.fpv@ucm.sk Web: http://fpv.ucm.sk

Faculty of Social Sciences

Bučianska 4/A, 917 01 Trnava, Slovak Republic

Phone: +421 33 5565 525 E-mail: fsv@ucm.sk Web: http://fsv.ucm.sk

Faculty of Health Sciences

Rázusova 14, 921 01 Piešťany, Slovak Republic

Phone: +421 33 7301 334 E-mail: fzv@ucm.sk Web: http://fzv.ucm.sk

Institute of Management

Nám. J. Herdu 2, 917 01 Trnava, Slovak Republic

Phone: +421 33 5565 631

E-mail: monika.mesova@ucm.sk

Web: http://ucm.sk/sk/institut-manazmentu/



